





lease vote • vote • vote • compassion/karuna • vote • please vote • friendliness/maitri • vote

North Woods Yoga Classes with Mary Reilly, IYCT



northwoodsyoga.com 231-526-5041

IN PERSON MORNING CLASSES:

3161/2 East Mitchell • 3rd Floor CTAC Ballet Studio • Downtown Petoskey

OR: ZOOMED RIGHT TO WHERE YOU ARE!

More classes added in the fall Schedule at northwoodsyoga.com



Mary Reilly, Senior Certified lyengar Yoga Teacher